

## Information

### Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

### Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

### Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 12:00pm** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 2:00pm until last appointment  
**Wednesdays** 9:30am to 5:30pm  
**Thursdays** 1:00pm until last appointment  
**Saturdays** 9:00 to 1:00pm (by appointment only)

### Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

### Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

### Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

### Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

## Management Staff Listing

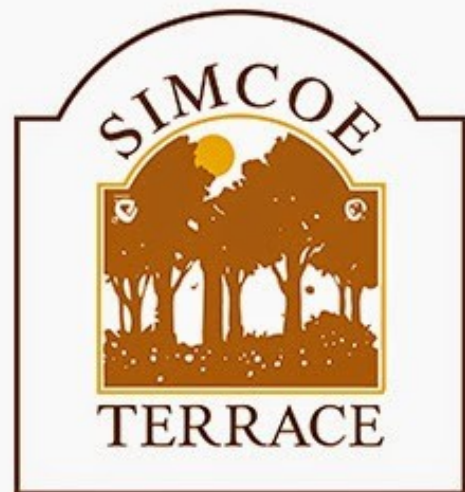
Michael Ayers, General Manager - [michael@simcoeterrace.com](mailto:michael@simcoeterrace.com)

Theresa Stackhouse, Office Manager - [theresa@simcoeterrace.com](mailto:theresa@simcoeterrace.com)

Amanda Daley, RPN, Director of Wellness - [amanda@simcoeterrace.com](mailto:amanda@simcoeterrace.com)

Joanne Heise, Food and Beverage Manager - [joanne@simcoeterrace.com](mailto:joanne@simcoeterrace.com)

Amber Head, Activity Director - [amber@simcoeterrace.com](mailto:amber@simcoeterrace.com)



*Simcoe Terrace*  
*Retirement Residence*

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# Simcoe Terrace Retirement Residence

September 2018 Issue



# The Terrace Tribune

*Welcome Fall...*



## Message from the GM

September is upon us and we can now look forward to cooling temperatures and comfortable days! Fingers crossed for nice weather at our Family BBQ on the 6th!

September is also being celebrated as Anti-Bullying Month. We will be having speakers, promotions and events to raise awareness of what constitutes acceptable behavior and what is intolerant behavior and bullying.

At Simcoe Terrace we believe in celebrating our differences and accepting that everyone is distinct. Just because someone doesn't look or act like we do, doesn't give us the right to criticize. Everyone comes from different places and backgrounds. Getting along and accepting each other for what we are is part of living at Simcoe Terrace.

Please be tolerant of each others differences and contribute to making us a bully free environment!

*Michael Ayers, General Manager*

## Athletes of the Month

### Shuffleboard

#1: Evelyn F. 3565 pts

#2: Barb R. 3049 pts

Bean Bag: Sheila F. 247pts

Most Wins Kurling: Red Team

Croquet: Fred M

Darts: N/A

Horseshoes: Falk S. 8 pts

Bowling: Sheila F. 55 pts

Bocce: N/A

Washer Toss: Arthur C. 210pts

Ladder Ball Most Wins: TIE

Most Bingo Wins: Evelyn & Shirley - 14 games

## Resident Council

### Council Members of 2018

**Margaret Milne**—*Secretary/Library Committee*

**Judi Cadman & Barbara Lane**—*Treasury/  
Fundraising*

**Falk Stethin**—*Recreation Committee*

**Dorothy Hilliard**—*Welcoming Committee*

*Bank Balance as of September 1st 2018:*

*\$1860 (Bank)*

*\$550 (In House)*

*\$2410 (Total)*

**Thank you for your continued support!**

## Mental Gymnastics

Boggle: N/A

Chess Champ for August: N/A

Charades: Falk S

Yahtzee: Ernie T. 324

Scrabble Champ: Falk S.

Join our brain games to get your name in the calendar!

## Welcome to ST!

All are Welcome to join our Bi-Monthly Meet and Greet Social!

A great way to break the ice if you are new to Simcoe Terrace!

Next Date: Friday, September 16th at 1:30pm in the Activity Room

## Highlights of the Month!

**September is Anti-Bullying Awareness Month!**

**Sept 5th: Managers Play—Themed month kick off**

**Sept 11th—Share My Home Presentation with Dana from the Alzheimer's Society**

**September 19th—AntiBullying Presentation with Officer Reynolds**

**September 26th—Alzheimer's Bake Sale**

**September 27th—Alzheimer's Coffee Break and Education Session**

**Fridays: Wear Pink!**

**September 28th—Pink Party Wrap Up with Dale McFarling**

**Lunch Club! - Sign up is Required!** September 12th—PIZZAVILLE: \$5.00 All you can eat Pepperoni and Cheese, Hawaiian or Deluxe! (Drink included)

**Walmart and McDonalds Lunch:** Friday, September 7th

**Georgian Downs OLG Slots:** Friday, September 21st

**Resident Council Euchre Tournaments**—Saturday, August 4th and Saturday, August 18th

**Toothpicks Dental:** September 28th—See Amber if you would like to sign up to become a patient

**Foot Care Dates with Cindy:** September 17th, 24th and October 1st

**First Day of Autumn:** September 22nd

**Up and coming in October...**

**Oktoberfest, Thanksgiving, Halloween**